

# Forever In Your Life



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**S**uppose that when you die you are neither obliterated nor transported to an afterlife, but rather are informed that you will continue your experience eternally *within the confines of the life that you have just finished living*. Like a hamster in a treadmill, you will live out eternity in the moments of your life exactly as those moments existed the first time around. You will be able to travel at will between your birth and your death as though this territory was

your own temporal real estate, and you can spend as much time as you choose anywhere within it. Like I said though, this is forever so get used to it. You are informed that this eternal fate will be made bearable or blissful by your ability to reinterpret any of your moments an unlimited number of times as you pass repeatedly through them; and also by your ability to forget whatever you choose. In the long run your prison might turn out to be your ashram and your career might turn out to be your prison. Whatever you choose, except that you have to work with each moment as it actually occurred.

This may or may not be what is actually going on here, but it is productive to suppose so because it emphasizes the value of every future moment your life has remaining to run. You do not need a diagnosis or even a complaint to justify calling me about upgrading the remainder of your lifetime. If you knew you were in your life forever you might take better care of it! Trust me. Call me.

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