

Sweet Spots



JOE FERGUSON, PhD

PhD Clinical Psychology, Fielding University
MBA, Wharton School of Business

Of all the possible solutions for any situation, some are better than others. The geostationary satellites that deliver your media orbit above the equator at an altitude of 26,199 miles, so as the world turns they appear to remain stationary in the sky from the perspective of your DISH or DirecTV satellite antenna. There are 5 *Lagrange Points* where an object remains gravitationally balanced between any two orbiting

bodies like the Earth and the Moon, or the Earth and the Sun. These are good places to park astronomical observation platforms for certain scientific missions. Club Level is the best spot to watch baseball at Angels Stadium and wherever there is yelling or gunfire it is best to be off to the side. Depending upon the situation, there is always a sweet spot.

When I swim in the ocean I need something to occupy and amuse myself, so I have developed a little game with the seagulls that float off Main Beach. I swim slowly toward the center of the flock and they divide in two. I pick one half of the flock and bisect it again and again until I have isolated a single bird between two camps. These two groups apparently feel an obligation to stick around until the situation is resolved, and the isolated bird is focused equally on both of the groups and on me. If I can get in this sweet spot gracefully I can keep every seagull frozen in place for as long as I like, or until a helicopter flies over. This would be a good time to work with these birds on their issues if they could talk. If I get too close, move too fast, or approach from the wrong angle; they fly away. It's like that with couples, families and organizations too. Trust me. Call me.

Concise Personal Counseling

\$150 per 70-minute session

332 Forest Avenue, Suite #17, Laguna Beach, CA 92651
(949) 235-2615 ~ DrJoe@Fergi.com ~ www.Fergi.com