

Ugly Puppies & Supermodels



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Do you adore your ugly puppy and, if so, is this in spite of the way he looks or because of it? Do you love your fabulous partner and to what extent does her radiant and obvious public beauty make you uncomfortable? Are supermodels systematically attracted to ugly puppies, do you think? Are you proud of your magnificent show dog and how does your attitude change when he performs badly? Are you still infatuated with your aging, fattening, co-dependent, substance abusing, whining, irritating, shallow, self indulgent, possessive, narrow or otherwise compromised intimate partner and significant

other? *Really?* In each case, what do you mean and why do you mean it? Have you thought this through? The resolution of these questions largely determines how comfortable and happy you are now and how happy you are likely to be in the future. Human beings are social creatures, so these abstract and ambiguous questions really do matter.

The underlying desire and assumption in matters of love and attachment is that it should be unconditional rather than dependent on beauty, age, utility, personal advantage or any other transient superficial quality. This is the kind of love you should expect from your parents, deliver to your kids, and hope for from your business and intimate partners. Relationships are always a delicate balance of practical and psychological utility with pure emotional attachment. That is why the mode of attachment can shift so rapidly to what is apparently its exact opposite. Truly, there is often a thin line between love and hate, pride and jealousy, supportive guidance and stifling control, codependence and dedication, brilliance and craziness. Our perpetual dance with one another on these borders is what motivates us and determines the course of our lives as well as the quality of our experience in the world. The details are well worth examining. Trust me. Call me.

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